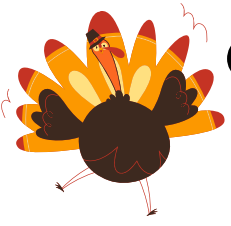


Fill a Box, Feed a Family



Check off every item on this list as you fill a box that will be donated to a family in need

- ☐ 2 BOXES OF STUFFING
- ☐ GRAVY (PACKET OR JAR)
- ☐ CRANBERRY SAUCE
- ☐ 2 CANS CORN
- ☐ 2 CANS GREEN BEANS
- ☐ 2 LBS OF RICE
- ☐ 2 CANS SWEET POTATOES
- ☐ 32 OZ BOX PANCAKE MIX
- ☐ 24 OZ SYRUP
- ☐ 2 BOXES OF MAC & CHEESE

OPTIONAL ITEMS

- ☐ \$20 GROCERY GIFT CARD
- ☐ PAPER GOODS
- ☐ FROZEN TURKEY OR HAM

- ☐ 64 OZ JUICE
- ☐ COFFEE OR TEA
- ☐ HOT COCOA
- ☐ 2 BAGS INSTANT POTATOES
- ☐ CORN OR FLOUR TORTILLAS
- ☐ CAKE OR BROWNIE MIX
- ☐ COLD CEREAL
- ☐ HOT CEREAL
- ☐ CORN MUFFIN MIX
- ☐ BAG OF CANDY (SEALED)



As an added bonus you can also decorate your box with a Thanksgiving theme to give a little extra cheer!

Drop off instructions: You can drop them off on or before **November 16th** at Helping Hands Food Pantry, located at 2221 Rt 44/55, behind the building, between the double glass doors. Feel free to do this at your convenience. For larger deliveries and perishable items, please call Jean at 845-863-3222.

HELPING HANDS
OF GARDINER



FOOD PANTRY